

# OPC3 Chews Ingredients

## Pycnogenol®+ 25 mg

Pycnogenol is a plant extract from the bark of the maritime pine tree, which grows exclusively along the coast of southwest France in Les Landes de Gascogne. This unspoiled, natural environment is the unique source of this pine bark. Pycnogenol is one of the most researched ingredients in the natural product marketplace. Published findings have demonstrated Pycnogenol's wide array of beneficial effects on the body, specifically in the realm of antioxidant health. Pine bark extract is a combination of proanthocyanidins, bioflavonoids, and organic acids. The extract has three basic properties, it is a powerful antioxidant, selectively binds to collagen and elastin, and promotes normal production of endothelial nitric oxide, which promotes normal dilation of blood vessels.

## Grape Seed Extract 25 mg

Grape seed extract is typically extracted from the seeds of red grapes (instead of white), which have a high content of compounds known as oligomeric proanthocyanidins (OPCs). Grape seed extract contains polyphenols, compounds with high antioxidant activity. Grape seed extract has been found to maintain healthy cholesterol levels.\*

## Red Wine Extract 25 mg

Red wine extract is a potent antioxidant. This extract is found in grape vines, roots, seeds and stalks, with the highest concentration in the skins. The antioxidant properties of red wine extract contribute to maintaining healthy circulation by strengthening capillaries, arteries and veins, and promoting overall cardiovascular health.\*

## Bilberry Extract 25 mg

Bilberry extract is derived from the leaves and berry-like fruit of a common European shrub closely related to the blueberry. Extracts of the ripe berry contain flavonoid pigments known as anthocyanin, which are powerful antioxidants. Scientific studies confirm that bilberry extract supports healthy vision and venous circulation. Bilberry extract helps maintain healthy circulation by strengthening capillaries, arteries, and veins.\*

## Citrus Bioflavonoids Extract 25 mg

Bioflavonoids are antioxidants found in certain plants that act as light filters, which protect the plant's DNA and other important macromolecules by absorbing ultraviolet radiation. They have been found to promote cardiovascular health and help maintain healthy circulation by strengthening capillaries, arteries, and veins and demonstrate anti-inflammatory activity. The ability for citrus bioflavonoids to maintain healthy circulation by strengthening capillaries, arteries, and veins is also beneficial for helping maintain brain health and supports the production of neurotransmitters.\*

Supplement Facts		
Serving Size: 1 Chew (5.2 g) Servings Per Container: 30		
	Amount Per Serving	% Daily Value
Calories	20	**
Total Carbohydrate	4 g	1%*
Total Sugars	3 g	**
Includes 3 g of Added Sugars		6%*
Grape ( <i>Vitis vinifera</i> ) Seed Extract	25 mg	**
Red Wine ( <i>Vitis vinifera</i> ) Fruit Extract	25 mg	**
Pycnogenol®*** ( <i>Pinus Pinaster</i> ) Bark Extract	25 mg	**
Bilberry Extract ( <i>Vaccinium myrtillus</i> L. and <i>Vaccinium angustifolium</i> Alton) Fruit Extract	25 mg	**
Citrus Bioflavonoids ( <i>Citrus aurantium</i> ) Inner Peel Extract	25 mg	**
* Percent Daily Values are based on a 2,000-calorie diet. ** Daily Value not established.		
Other Ingredients: Raw cane sugar, rice syrup, natural flavors, palm oil, soy lecithin, fruit and vegetable juice for color, citric acid, malic acid, glycerin, rebaudioside A (stevia extract).		