

TLS Weight Loss Supplements

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*** Supplements are NOT FDA approved to diagnose, treat, cure or prevent disease.
Discuss with your physician prior to starting any supplements.

Metabolism Boosters:

Trim Tea:

Contains "WellTrimIG" – Extract of the African Mango Seed.
Helps curb appetite and control cravings by increasing Leptin sensitivity. "Feel full faster".
Maximum dose: One stickpack mixed in 6oz. water daily for at least 10 weeks to see effect.
Warnings: No interactions known.
Cost: \$39.95 + tax/shipping for 30 stickpacks

Trim Café:

Same as Trim Tea but contains coffee powder. Caffeine = 66mg per serving = 1 cup of coffee.
Cost: \$39.95 + tax/shipping for 15 stickpacks

TLS Green Coffee Plus Garcinia Cambogia:

Does NOT contain Caffeine. Contains Svetol and Garcinia Cambogia which helps with fat burning and appetite suppression.
Good for people who can not tolerate caffeine containing products and for people who can not take other metabolism boosters because of high blood pressure or drug interactions.
Maximum dose: One tablet three times a day before meals.
Warnings: Do not take if pregnant, have psychiatric disorders like bipolar disorder or have liver disease. May lower blood pressure and blood sugar levels.
Cost: \$39.95 + tax/shipping for 90 tablets.

Mochatonix:

Contains Avantra Z and caffeine. Avantra Z is bitter orange extract which contains a small amount of a Pseudoephedrine like substance which may increase blood pressure.
Used to increase energy, suppress appetite and break down fat. Increases heat production in the body (thermogenesis) to burn fat.
Comes in powder form. Three flavors: Chocolate Mocha, Cappuccino and Vanilla.
Maximum dose: One scoop or 1 packet in 8oz. hot water or mix with a shake once a day.
Warnings: Can increase blood pressure, hot flashes and trigger migraines. Do not use if pregnant, sensitive to caffeine, have high blood pressure, cardiac issues, diabetes, hyperthyroid or liver disease. Interacts with MAO inhibitor medications and medications metabolized in the liver.
Cost: Powder Canister: \$39.95 + tax/shipping for 14 servings
Powder packets: \$39.95 + tax/shipping for 10 packets

Thermochrome Version 6:

Contains Capsimax® Capsicum Fruit Extract (2% capsaicinoids): 100 mg, Green Tea Extract (400 mg caffeine and 180 mg total polyphenols): 600 mg, Vitamins C, D, B, Chromium and more. 1 hour video available.
Cost: \$49.95 + tax/shipping for 120 tablets
START SLOW: 1 at Breakfast, 1 at lunch on day 1. Increase to 2 at breakfast 1 at lunch, Day 2, Increase to 2 at Breakfast, 2 at lunch—see how you do. DO TAKE WITH FOOD. DO DRINK LOTS OF WATER.
Do NOT take before a hot shower, hot tub or sauna.
Previous Thermochrome had avantra Z—this version does not.
VIDEO: Go to blog: <https://www.m3mall.biz/thermochrome6>

*** Recommend starting with one from each category depending on health/medication history. These supplements should be used in conjunction with TLS diet plan and exercise to see maximal benefit.

Craving Control:

Isotonix Isochrome:

Contains Chromium Picolinate and Chromium Arginate for hunger control and sugar cravings. Also contains Coenzyme Q10 – antioxidant

Maximum dose: One capful mixed in 2oz. water daily with a meal.

Warnings: Do not use if pregnant, have liver or kidney disease. May decrease blood sugar levels in diabetics.

Cost: \$43.95 + tax/shipping for 30 serving bottle

TLS Core Fat and Carbohydrate Inhibitor:

Contains Chromium and “Lepticare”. New formulation contains Green Tea extract. Lepticare helps regulate Leptin sensitivity to cause feeling of fullness. Helps reduce cravings and inhibit carbohydrate absorption in gut.

Maximum dose: Two tablets twice a day prior to largest meals.

Warnings: Do not use if pregnant, have liver or kidney disease. May decrease blood sugar levels in diabetics. May interact with Coumadin . Do not take within 4 hours of antibiotics.

Cost: \$73.50 + tax/shipping for 120 tablets

Fat Busters:

TLS Tonalin CLA:

Contains Conjugated Linoleic Acid and Chromium to increase lean muscle. Targets belly fat and reduces total body fat.

Maximum dose: Two capsules twice a day with breakfast and lunch.

Warnings: Do not use if pregnant. Do not use if allergic to soy or peanuts.

Cost: \$49.95 + tax/shipping for 120 capsules

TLS ACTS – Adrenal, Cortisol, Thyroid and Stress Formula:

Contains Ashwagandha, Holy Basil and Rhodiola to help regulate cortisol levels and “adrenal response” to stress. This helps with “stress eating”, salt and fatty food cravings, and helps minimize the conversion of sugar in the body to fat.

Maximum dose: Two capsules once a day.

Warnings: Do not use if pregnant. Use caution if taking blood thinners, blood pressure medications, antidepressants, anti-anxiety medications or thyroid medications. May worsen some autoimmune diseases. Do not use if allergic to Iodine.

Cost: \$64.50 + tax/shipping for 60 capsules

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